

## Laura N. Antar, MD, PhD, DFAPA



## Contact

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Full resume, with book and journal publications, honors and awards, funding, talks, posters, lectures, and affiliations available upon request.

## Summary

General Adult Psychiatrist specializing in psychopharmacology and psychotherapy, in private practice for 10 years. Distinguished Fellow, American Psychiatric Society.

Doctorate degree in neuroscience informs her practice, as does basic and clinical research, with multiple grants, awards and book and journal publications.

Multiple fellowships inform her adult practice including fellowships in child and adolescent psychiatry and clinical research in autism and OCD. Experienced lecturer, researcher, editor, author.

## Clinical Skill Highlights

- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy/Mindfulness
- Psychodynamic Psychotherapy
- Groups
- Couples
- Psychopharmacology
- Suboxone and training in Opioid Use Disorder via Project ECHO
- Esketamine
- Anxiety (GAD, SAD, OCD, PTSD, phobias), Depression, Bipolar Disorder, ADHD

## Psychiatric Experience

- **Current: Private Practice in Psychiatry**
- **Current: President, West Hudson Psychiatric Society**
- **Former: Assistant Professor, Psychiatry and Behavioral Sciences, Albert Einstein College of Medicine**
  - Teach Psychiatry/Research to Residents and Fellows
  - Supervise and Mentor Residents, Fellows, Undergrads
  - Grand Rounds, Case Conferences and other talks
  - Help with grant writing/ research proposals
  - Conduct clinical research

## Education

- July 2011-present Research **Fellow Autism and Obsessive-Compulsive Spectrum Program**, Montefiore Medical Center
- July 2009-2011 **Child and Adolescent Fellow**, Montefiore Medical Center
- June 2006- 2009 **Psychiatry Residency** Training Program Montefiore Medical Center
- June 1995- 2006 Albert Einstein College of Medicine Medical Scientist Training Program (MSTP): **M.D., Ph.D.; M.S.** in neuroscience, Ph.D. in neuroscience
- September 1990- August 1991 Aristotle University of Thessaloniki: certified in **Proficiency of Modern Greek Language**
- September 1985- December 1988 Oberlin College: **B.A.** in anthropology (high honors) and English (honors)